

## **Online Dating - Rejection Is Simply Part of the Process!**

No one actually enjoys rejection, and many find it extremely difficult to deal with. Even though telling someone you have interest in them and they don't reciprocate can prove to be a blow to your self-esteem, there are some positive aspects to this part of the process of finding the best match for you.

First, in the world of online dating, you must learn to accept the rejection and then move on to the next one. Not everyone will be as interested in you as you will be in them, and vice versa.

Just remember that the earlier you are rejected the better – there's no sense in wasting your time and pursuing something that will never work out anyway. You can also use the experience to determine if there was a specific reason you were rejected, and try to avoid this in the future.

It may be worth taking the time to try to understand why you were rejected, especially if you truly felt you had a connection with the person. Other times, it's simply a fact that it wasn't meant to be.

Unfortunately, in the world of online dating, finding these reasons can be very difficult. This is where your private investigator skills come into play, and you must discover some clues to explore for reasoning.

If your past communications with this person were only via email, then you do have the option to look at these, and determine if there may be any data included that may have turned the other person off before the relationship advanced. Look to see if you were imagining the connection, if there were in fact shared values, and if there was any arguing in the early stages of communication.

Another aspect to remember is the general and viable differences between men and women, and how they communicate. Many women may be put off by a man that seems too nice or interested very early on, and many men are disinterested by women who don't show much interest. This difference could mean that a potential match simply never progresses because he doesn't think she's very interested, even though she is simply wary of his 'niceness.'

One important thing to remember is that a lack of response to a message you've sent is not a form of rejection. Not receiving a response could mean a million different things; they have been out of town, are no longer actively online dating, have been extremely busy, or are in the midst of a potentially serious relationship. There's simply no telling, so don't allow yourself to get too worked up about it.

Just remember that online dating and becoming successful at it requires many, many connections to find the right person for you. Rejection is a necessary part of the process, and you should be prepared to experience it several times before finding your just-right mate. The good news is that it will get easier as time goes on and you continue to not only experience some rejection, but also a few great relationships in the course of it all!